



Integrative Hormone Specialists

Health ▾ Wellness ▾ Balance

What is Hcg?

Integrative Hormone Specialists is proud of our successful
Medically Assisted Weight Loss Program.

A Medically Assisted Weight Loss Program is a weight loss plan that is customized to meet any individual's needs, through a combination of both natural and pharmacological treatments.

The plan assists the client to achieve a balance of the most common hormones involved with weight loss resistance: cortisol, insulin, thyroid and sex hormones.

Hcg is only one part of our Medically Assisted Weight Loss Program.

Hcg is a natural hormone that will be injected daily by the client in order to intensify fat burning and weight loss.

Simply put, Hcg is a hormone that is naturally present in pregnant women. Hcg stimulates a women's fat stores to release calories (energy) in order for her to support the development of the growing fetus. In your case, we use the Hcg to trick the body into burning calories, but not for a developing baby, for weight loss!

Coupling the Hcg with a restricted diet of specific fruits, vegetables and proteins results in quick and substantial weight loss.

A female client can expect to lose 10-15 pounds in 23 days and 20-25 pounds in 40 days.
(Male clients lose 15-20 pounds in 23 days and 25-30 pounds in 40 days.)

During the program, we teach you how to eat healthy. We stick with you through the withdrawal period of addictive and unhealthy foods, while watching you lose pounds by the week.

Our program turns your outlook around so you will want to focus on wellness of mind, body and spirit.

One of the biggest concerns we hear is "Won't I be hungry?" Not on our program.

Another concern, "Don't the shots hurt?" Definitely not.

One more concern, "Won't I just gain the weight back when I stop the Hcg?" Not as long as you continue the healthy lifestyle (NOT "DIET") that you've been taught. Remember, eating badly and not taking care of yourself in the first place brought you here. That same attitude will bring it back.

Is it safe? Most definitely. Remember, we are here to support your journey to wellness.

Set up your appointment today and take the first step.

**Things won't change next week, until you change the way
you are doing things this week!**