



Integrative Hormone Specialists

Health ▾ Wellness ▾ Balance

Dear Client,

Welcome to Integrative Hormone Specialists. We are excited that you have chosen us to participate in your care. Integrative Hormone Specialists specializes in Bioidentical Hormone Replacement Therapy (BHRT) and hormone balance in conjunction with Functional Medicine. We believe this is the key to optimal health and wellness.

Your appointment is scheduled on _____ with _____ at _____ am/pm. Our office is not like that of other medical doctors, who make appointments for several patients in each block of time. Your appointment requires us to set aside a large block of time for you and no other patient is scheduled during your time. If it is necessary for you to cancel your appointment, we kindly ask that you give us 2 business days' notice in advance, in order to avoid any late cancellation fees.

If you have filled out your paperwork ahead of time, arriving 15 minutes prior to your appointment time will allow for completion of check-in.

If you have not filled out your paperwork ahead of time, please arrive at the office 30 minutes early.

Please be sure to include a list of all medications you are taking. Include the dosage, frequency and the reason you are taking the medication. In this listing, also include all over-the-counter medications and herbal/nutritional supplements you are taking as well.

Please bring all herbal/nutritional supplements with you so we can review the actual ingredients.

Our office is conveniently located in the St. Matthews/Lyndon area at 7505 New LaGrange Road, Suite 102. We are near the Watterson Expressway and Shelbyville Road. We are on the first floor and parking is right outside our door.

Again, thank you for choosing Integrative Hormone Specialists. It is a pleasure to serve you. If you have any questions, please call us at 502-412-3232. Looking forward to partnering with you in the optimization of health and wellness.

Sincerely,

The Practitioners at Integrative Hormone Specialists -
Lori Sweat, MD, Carol Cornett, APRN, Michelle Gentile, RN BSN