



Integrative Hormone Specialists

Health ▾ Wellness ▾ Balance

Your Medically Assisted Weight Loss Program

Hcg Diet

40 day Hcg Diet Program \$675.00

23 day Hcg Diet Program \$550.00

15% discount for current patients.

1. Call the office at 502-412-3232 to get orders for lab work*. The orders can be mailed to you for your convenience. Lab work can be completed at any outpatient lab - for example, LabCorp. For your convenience, we have LabCorp in our office on Thursdays (8am – 11am) and Fridays (8:30am – 11:30am). No appointment is necessary.
2. Once we have your lab results, you may schedule a 30-60 minute appointment with your Practitioner. You and your Practitioner will go over your lab work results, discuss your weight, your BMI and take your measurements. After discussing your goals with your Practitioner, you can get started on your diet. Your Practitioner will go over the Hcg diet in detail with you and answer any questions you may have.
3. Make an appointment every week during Hcg for a BP check, a weight check and to discuss any problems or questions that you may have. At this time, you will receive all of the injections of Hcg that you will need until your next appointment. You will receive an injection of B12 with amino acids in your arm, to help with energy and fat burning.
4. During the next phase of the program, Maintenance, you will check still check in every week to be weighed, answer questions, receive support and get a B12/amino acids injection. Maintenance lasts 6 weeks total.
5. Towards the end of Maintenance, you will receive additional lab orders that your Practitioner will want repeated. These labs will need to be drawn prior to your follow up with your Practitioner.
6. When the results are back, you will meet with your Practitioner for a 30 minute appointment to discuss your progress. Final measurements will be taken, post Hcg lab results will be reviewed and you will discuss your future goals. This appointment needs to be within 6 weeks after completion of Hcg diet and Maintenance.
7. After the 6 weeks of Maintenance are completed, we encourage you to come in monthly for a weight check and B12/amino acids injection to help you stay on track with your goals. Cost per visit is \$10.00.

Additional Notes

All Hcg and B12 injections, along with materials, are included in the Hcg Diet Program.

The lab work is separate. The lab work may be filed with your insurance. You are welcome to go to any outpatient Lab.

For your convenience, Labcorp works out of our office on Thursdays (8am – 11am) and Friday (8:30am – 11:30am). No appointment is necessary.

If you find that cash pricing is less expensive than using your insurance, we have that option available for you as well in our office. Please let us know if you are interested.

Male pricing for lab work = \$70.75

Female pricing for lab work = \$70.75

Female pricing for lab work of those who can get pregnant = \$105.75

*Lab tests drawn: CMP, CBC, Lipid Profile, TSH, Vit D, Ferritin, Vit B12, Hgb A1C,
(Pregnancy Test)

If you need to replace improperly stored syringes during the program, additional syringes can be purchased for \$10.00/syringe.